RECOMMANDATIONS POST 2B BIO PEELING

[2B BIO BEAUTY change your skin]

Dear Client,

You have just received a *2B Bio Peeling* session. Your skin may be slightly red and you may feel some tingling, like a slight sunburn. These reactions are normal and will disappear after 48 hours.
The following days, your epidermis may peel. To promote this cellular renewal, it is important to take care of your skin.

Precautions:

• Avoid sun exposure and tanning beds

After a *2B Bio Peeling* session, your skin is renewing itself and is sensitive to ultraviolet rays. It is important not to expose yourself to the sun for several days and to protect your skin with **2B Bio Défense naturel SPF 30** or **2B Bio Défense BB Cream SPF 50+**.

• Avoid extreme heat, dryness, and water on your skin

We recommend avoiding the pool, hammam, and sauna for at least a week.

Our advice:

• Drink 1.5 to 2 liters of water per day

Drinking plenty of water promotes the elimination of toxins. This is an essential step for deep hydration of the epidermis.

• Exfoliation

3-4 days after the *2B Bio Peeling* treatment, gently exfoliate dead skin cells with **2B Bio Gommage**.

• Mask

If you feel any skin tightness, nourish it with **2B Bio Nutrition** cream-mask or **2B Bio Purifiant** cream-mask for oily skin. Apply without rubbing.

For any further information, you can reach us at the following number:



[2B BIO BEAUTY the post 2B Bio Peeling ritual] in 5 steps

1 Cleanse

- Remove make-up morning and evening with **2B Bio Net**.
- In case of oily skin, unclog pores blocked by sebum with **2B Bio Pureté** purifying gel
- 3-4 days after *2B Bio Peeling*, exfoliate once a week with **2B Bio Gommage.**

[Option: 3-4 days after the *2B Bio Peeling*, purify by applying the **2B Bio Enzyscrub** enzymatic mask 1 to 2 times a week.]



2 Soothe

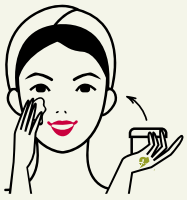
- In the morning and evening, soothe skin tensions with **2B Bio Douceur** lotion.
- In case of oily skin, soothe and regulate excess sebum morning and evening with **2B Bio Clarté** balancing lotion.



[Soothe the eyes and lips contour with **2B Bio Regard**.]

[Soothe the body morning and evening with the restorative cream **2B Bio Repair**.]

3 Nourish



- Once or twice a week, deeply nourish the skin with the regenerating cream mask **2B Bio Nutrition**.
- For oily skin, nourish and purify 1 to 2 times a week with the **2B Bio Purifiant** cream mask.

4 Oxygenate, moisturize, lighten



- Morning and evening, oxygenate and regenerate cells with the **2B Bio Oxygel** energizing extract.
- Then deeply moisturize with **2B Bio Hydravit** vitamin cream on the entire face and neck.

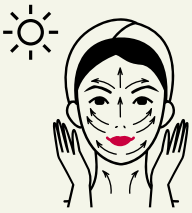
For mature skin, increase the oxygen content of the dermis and eliminate toxins with **2B Bio Sérum O_2** morning and evening. Then, moisturize with **2B Bio Cocoon** well-being cream by gently massaging the face.

For hyperpigmented skin, after oxygenating with **2B Bio Oxygel**, moisturize and reduce dark spots with **2B Bio HydraWhite** lightening cream.

5 Protect

- Counter the harmful effects of UV rays from the sun with **2B Bio Défense naturel SPF30** or **2B Bio Défense BB Cream SPF 50+** as a replacement for foundation.
- For hyperpigmented skin, apply **2B Bio Défense Whitening BB Cream SPF 50+**.

[Our advice: apply **2B Bio Défense** every 3-4 hours during sunny days.]



Did you know that?...

Dehydration can create fine lines, which can become wrinkles over time. It's important to stay hydrated by drinking 1.5 to 2 liters of water per day and take care of your skin.

